

Color Guard Lesson Plan – Week of: September 14, 2015

Standards: #1 – Students will identify and demonstrate movement elements in performing dance.

Objective:

1. Students will perform warm-up with improvement in fundamentals
2. Students will perform the pre-game and show work with improvement in hitting check-points.
3. Students will analyze and evaluate their performance from Friday, September 11.

Concepts: drop spins, stirs, pull hits, tosses, consecutives, footwork, show work.

Activities:

1. Review film of performance
2. Students complete Self-Evaluation
3. Warm-up – clean and work on fundamentals
4. Show music – clean and work on spots as needed to address concepts
5. Pre-game music – clean and work on spots as needed to address concepts